



## PILBARA COMMUNITY LEGAL SERVICE Inc.

October is well underway and we've taken some time to reflect on September and everything we got up to. A big thank you to all of the community members who come along to all of our events and help us to support those who need it. Have a read below to find out what we got up to last month and what we have planned for October.

### What's Been Happening at PCLS

#### R U OK? DAY

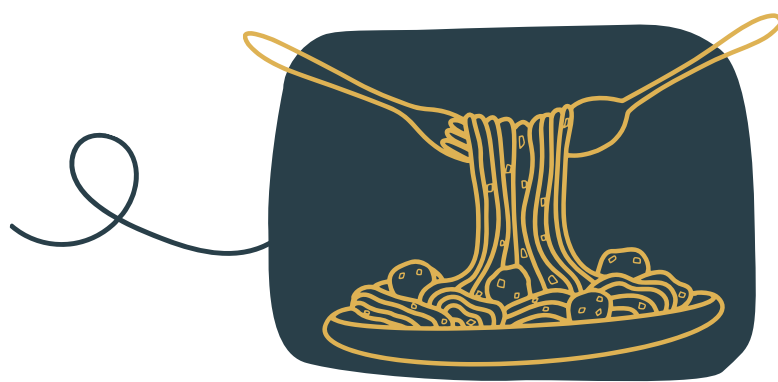
A conversation could change a life.

#### R U OK? DAY

On September 8 our Karratha team took part in the local R U Ok? Day event organised by IBN and other local organisations. There were therapy horses, live music from performed by locals, food and guest speakers all to raise awareness for this important cause.

#### HEALTHY AUSSIE COOKING

Last month we held our first Healthy Aussie Cooking Session for 2022 in Karratha. It was great to see so many people join us to make delicious veggie spaghetti and chat about breast cancer awareness with Cancer Council WA.



#### COOKING UP A STORM

Our monthly cooking up a storm session in South Hedland was a great success. We had delicious Swiss food and learnt about the PCLS Legal Services available to the community.

### Coming Up at PCLS



Join our South Hedland team and other local organisations for a Big Blue BBQ in celebration of Mental Health Week 2022. Everyone is welcome, come down for a yarn, mental health care and food. We will be at South Hedland Square from 12pm on Tuesday 11 October 2022, we hope to see you there.



Our monthly cooking up a storm session in South Hedland is running again on Friday 21 October from 10am at Hedland Well Women's Centre.



Join us on Monday 17 October at Karratha Women's Place from 11am - 1pm for our Healthy Aussie Cooking session. We'll be making healthy Halloween treats and playing bingo. Come along and for your chance to win a great prize.

### Our Services

#### HOUSING SUPPORT



Our Housing Support Workers assist people who are having difficulty sustaining stable accommodation. The program is for people who are at risk of or are experiencing any type of homelessness issues.

#### COMMUNITY MIGRANT SERVICES



Our Community Migrant Service Workers provide one-on-one casework, support, information and connection to other mainstream services to assist migrants.

#### LEGAL SUPPORT



Our Legal Team offer free legal advice and assistance in the areas of family law, restraining orders, protection and care, licence disqualifications and extraordinary licences and criminal injuries compensation.

#### REDRESS SUPPORT



Our Redress Support Workers are here to help survivors of institutionalised sexual abuse understand the scheme, receive emotional support and guide them through the application process.

#### DOMESTIC VIOLENCE SUPPORT



The role of our Domestic Violence Support Workers is to provide support to victims of family and domestic violence through safety and crisis intervention planning, informal counselling, support planning, advocacy, court support, assistance with violence restraining order applications and education.

#### TENANT ADVICE & EDUCATION SERVICE



Our Tenant Advice and Education Service Workers are here to support and educate tenants in relation to their rights and responsibilities in accordance with the Residential Tenancies Act. We are unable to assist landlords or commercial tenants.

#### FINANCIAL COUNSELLING



Our Financial Counsellors offer information, conduct assessments and provide options and support to assist clients, address identified problems and manage financial situations more effectively.

#### DISABILITY ADVOCACY



Our Disability Advocacy Service is committed to improving the lives and opportunities for people living with disability.

### Contact Us Today!

Karratha	Roebourne	South Hedland	Newman
Phone: (08) 9185 5899	Phone: (08) 9185 5899	Phone (08) 9140 1613	Phone: (08) 9140 1613